



# EU CITY LAB ON LOCAL FOOD SYSTEMS #1

## Changing Habits for a Healthy and Sustainable Food System

MOUANS-SARTOUX (FR), 21-22 MARCH 2024

Moderators:  
Marcelline Bonneau, François Jégou

**20 March 19.00-21.00 Let's m-Eat!**  
Get to know your fellow colleagues

### Thursday 21 March

08.30: Welcome breakfast, registrations & informal networking



**09.30: A look at the menu of discussions for the two days ahead**

**Jenny Koutsomarkou**, URBACT Joint Secretariat  
Municipality of Mouans-Sartoux

**09.45: A systemic approach to local food transition: the IPES framework**

**Roxana Maria Triboi**, Researcher and consultant on food planning and policy, lead author of the Ex-ante assessment of the "Food" thematic area under the Urban Agenda for the EU

**10.15: The European landscape on food**

**Elisa Porreca**, UAEU Food Partnership coordinator (Milan, IT)  
**Roxana Maria Triboi**, Researcher and consultant on food planning and policy, lead author of the Ex-ante assessment of the "Food" thematic area under the Urban Agenda for the EU  
Municipality of Mouans-Sartoux

**10.45: Mouans-Sartoux's recipe for more sustainable food habits**

**Gilles Perole**, Deputy Mayor of Mouans-Sartoux  
**Thibaud Lalanne**, Municipality of Mouans-Sartoux  
**Lea Sturton**, Municipality of Mouans-Sartoux



**11.45: Spicing up the menu**

More good practices from across Europe

Milan (IT) Cork (IE) Liège (BE) Lille (FR) Roeselare (BE)



**14.30: Time to burn calories!**

Walkshop in Mouans-Sartoux:  
municipal farm, school canteens,  
collective gardens,  
social grocery store and more

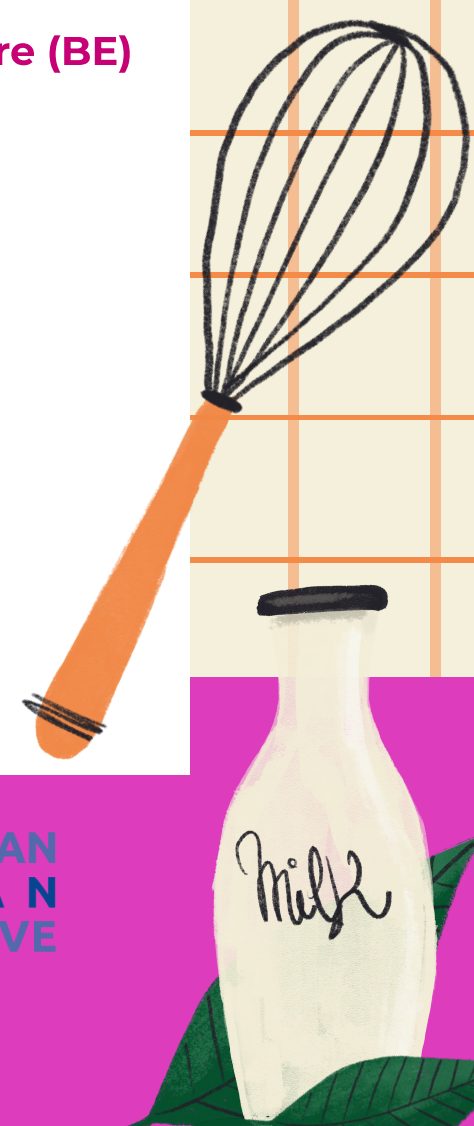
19.00:

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### Friday 22 March

08.30: Welcome breakfast, registrations & informal networking



**09.30: What's in our basket?**  
Debrief from day 1

**09.45: Mixing up the ingredients**  
Spotlight on approaches, tools and methods for better food habits

Milan (IT)

Liège (BE)

Mouans-Sartoux (FR)

Cork (IE)

Lille (FR)

Roeselare (BE)

**11.45: Filling in the doggy bag:**  
What to bring back home?

**12.45: The cherry on the top**  
Next networking & funding opportunities



Reyhaneh Yeganeh, European Urban Initiative

13.00:



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## What to expect?

**A deep dive to Mouans-Sartoux's  
practices**

**Not a conference!**

**A safe space for discussions and  
knowledge sharing amongst  
participants**

**Inspiration, practices and  
tools to test back home**

## Discussions with:

**Representatives from different  
European cities**

**Staff from school  
canteens**

**Chefs**

**Elected officials  
working on the topic**

## How to participate?

**Register here!**

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